

A GIFTED MINUTE



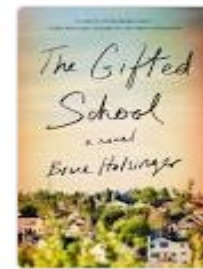
March 2020

"I'm a great believer in *luck*, and I find the harder I work, the more *luck* I have."
Thomas Jefferson



BOOK OF THE MONTH

Something different this month...



By-Bruce Holsinger

Set in the fictional town of Crystal, Colorado, **The Gifted School** is a keenly entertaining **novel** that observes the drama within a community of friends and parents as good intentions and high ambitions collide in a pile-up with long-held secrets and lies.

Gifted Games for Home

AWARD WINNING AND AMAZON BEST-SELLER:

Creative Child Magazine "Game of the Year" award in 2016!
SIMPLE AND HILARIOUS FUN: Pick a card, read it out loud, and then quickly write down 2 answers. INCLUDES: 400 category cards, a 15-second timer, score sheets, and instruction card. Ages: 10+; Players: 4 - 10 or more; Play Time: 25 minutes. (**8 and 9-year-olds with strong reading and writing skills may also enjoy playing)

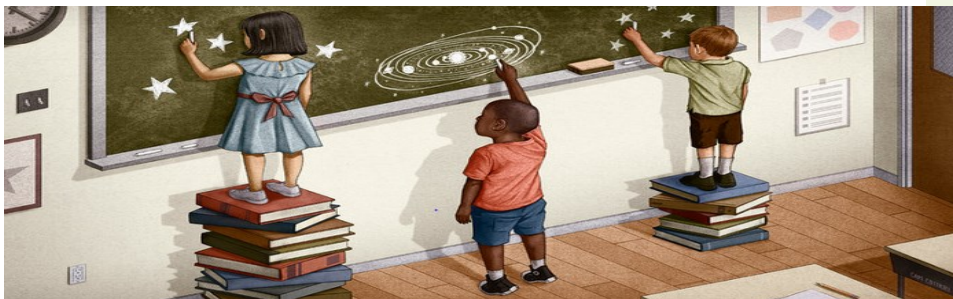


EVERYONE LOVES IT

POSITIVE Thought of the Month

I AM.

The two **MOST** Powerful words. For what comes next, shapes reality.



TED TALKS

Check THIS OUT!

<https://www.youtube.com/watch?v=Ur64bToMpv4>

TEACHING GIFTED STUDENTS



Gifted Parent Advisory Council and Parent Trainings

2019-2020

Thursday, September 12, 2019	Landrum Middle School	Multi-Purpose Room	6:30-8:00 p.m.
Thursday, November 21, 2019	Pacetti Bay Middle School	PE Multi-Purpose Room	6:30-8:00 p.m.
Tuesday, February 25, 2020	Fruit Cove Middle School	Multi-Purpose Room	6:30-8:00 p.m.
Tuesday, April 21, 2020	Murray Middle School	Auditorium	6:30-8:00 p.m.



We've all heard the quote, "Mistakes are proof that you are trying." However, it doesn't mean that when we make a mistake that it feels good. Gifted students may have a challenging time with accepting imperfection. They may experience mistakes that make them quake and if that happens, they often are faced with the feeling of being in uncharted territory. When mistakes happen, there may be a lot of emotions involved in the process. Although mistakes are natural, some kids are so afraid of making mistakes that they may even hold back from challenges. This could also lead to blaming others for their errors or not completing homework, projects, and other tasks for fear of failure. Foregoing tasks may actually be the fear of not excelling. Completing assignments may not always

be a result of not comprehending the material. At times, it may be because they are having to rewrite (erase or start over again) or put forth a lot more than is required into an assignment (2 page essay turns into a 5 page essay). Have you ever had a difficult time making a decision? Sometimes the difficult decisions may be a result of a concern for the possibility of making the wrong one. Overall, trying to avoid the mistakes can be exhausting and really can overwhelm our gifted students. Remember, "The expert in anything was once a beginner." Learning how to accept mistakes can help your student bounce back easier and have less fear of the process. Knowing how to respond to a mistake is important and reassuring them that they are on the right track. Looking at mistakes in a different way, helps them have a calmer demeanor to the challenge and be able to develop a plan from there.

Helpful tips for when mistakes make us quake:

- Explore thoughts, feelings, and failure (Remember to challenge the unhelpful thoughts and not to catastrophize.)
- Learn that a mistake is not a catastrophe
- Develop a list of strategies together to assist when there is a mistake
- Examine famous mistakes and how their mistakes led to something great
- Gain a new perspective and accept failure
- Practice self-compassion
- When a mistake is made, remember to act responsibly (Can you fix the mistake? Take care of the problem? Apologize?)