

MEET THE P.E. TEACHER!

Mrs. Ashley Mahaven

The Basics



Hi! My Name is Mrs. Ashley Mahaven! I live very close to VRA with my husband, Andrew, a.k.a. "Mr. Coach Mahaven" & our two awesome girls, Payson & Piper. I enjoy doing anything outside, the beach, the mountains, dancing & being with friends and family. I will be your child's Physical Education teacher for this 2022-2023 school year! This will be my 13th year teaching P.E. and my 8th year at Valley Ridge Academy! I can't wait to watch my students grow!

My Childhood

I am a Florida girl, born and raised. I grew up in south Florida where I went to school and always loved the idea of being a teacher. I played competitive softball until college, ran track and cross-country & competitive hydro-sliding!



My Favorites



My Education

I received my bachelor's degree in Physical Education from the University of North Florida. I am an active member of SHAPE (Society of Health and Physical Education) America and am currently President- Elect for SHAPE Florida.

Contact Me

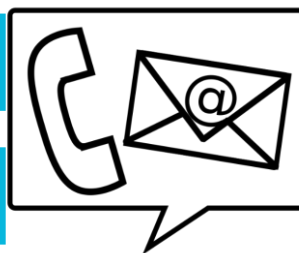
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My Webpage:

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Follow VRA PE on  @vrafit4life

Check Out [Coach Mahaven's WISHLIST on Amazon](#)



Food: Cheese Fries
Movie: The Sandlot
Book: The Home Edit or Any Chicken Soup books
Color: Yellow, Orange, Coral
Drink: Wild Cherry Pepsi!
Season: SUMMER
Sports: LOVE THEM ALL
Fast Food: Popeyes
Singer: Thomas Rhett
Hobby: Party planning, circuiting, organizing
Subject: P.E.!! (then math)
Store: Target, Hobby Lobby
Dessert: Coffee ice cream
Candy: Butterfinger
Restaurant: PF Changs!
Flower: Calla lily