

THE RUDIMENTS:

A Learning Sequence

INCLUDING: APPLICATION EXERCISES AND PROGRESS CHART

Quadrant A

1. Single Stroke Roll
2. Single Stroke Four
3. Single Paradiddle
4. Multiple Bounce Roll
5. Double Paradiddle
6. Flam
7. Flam Tap
8. Ruff (Drag)
9. Five Stroke Roll
10. Open (Double Stroke) Roll

Learning Sequence Handbook Courtesy Of:

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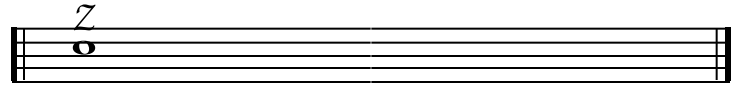
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THE RUDIMENTS:

A Learning Sequence

Quadrant A, page 2

4. MULTIPLE BOUNCE ROLL



R L R L R L R L etc.

Applied:

Each of the following exercises is written within a tempo marking that is appropriate to produce the best quality of sound for a buzz roll (for most applications). The "overlap" in recommended tempos takes into account various dynamic levels, drum sizes and head tensioning.

A *m.m.* = 50-70

B *m.m.* = 60-80

C *m.m.* = 70-100

D *m.m.* = 80-110

E *m.m.* = 100-150

F *m.m.* = 140-190

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>exercise E</i>	<i>exercise C, F</i>	<i>exercise A</i>	<i>exercise D</i>	<i>exercise B</i>

5. DOUBLE PARADIDDLE



Applied:

R L R L R L R L L R L R L R L R L L R L R L R L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m.</i> = 40 - 56	<i>m.m.</i> = 60 - 76	<i>m.m.</i> = 80 - 96	<i>m.m.</i> = 100 - 116	<i>m.m.</i> = 120 - 136

THE RUDIMENTS:

A Learning Sequence

Quadrant A, page 3

6. FLAM

LR RL LR RL LR RL LR RL

Applied:

R R R R R L R L R R R L R L R L L L L L R L R L L L L R L R L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 - 75</i>	<i>m.m. = 80 - 105</i>	<i>m.m. = 110 - 135</i>	<i>m.m. = 140 - 165</i>	<i>m.m. = 170 - 200</i>

7. FLAM TAP

LR R RL L LR R RL L

Applied:

RR L RR L RR L RR L R LL R LL R LL R LL RR LL R LL RR LL R L RR LL RR LL RR LL R L LL R LL R LL R LL R LL RR L RR LL RR L LL RR LL RR LL RR L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 - 65</i>	<i>m.m. = 70 - 85</i>	<i>m.m. = 90 - 105</i>	<i>m.m. = 110 - 125</i>	<i>m.m. = 130 - 150</i>

8. DRAG (RUFF)

LLR RRL LLR RRL

Applied:

A *m.m. = 80-180*

R L R R R L R L L L R R L L R R L R L R L R L R L

B *m.m. = 185-215*

R R L L R R L L R R R L L R R R L L R R L L R etc.

C *m.m. = 220-250*

R R L L R R L L R R R L L R R R L L R etc.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>Ex. A; m.m. = 80-110</i>	<i>Ex. A; m.m. = 115-145</i>	<i>Ex. A; m.m. = 150-180</i>	<i>Ex. B; m.m. = 185-215</i>	<i>Ex. C; m.m. = 220-250</i>

THE RUDIMENTS:

A Learning Sequence

INCLUDING: APPLICATION EXERCISES AND PROGRESS CHART

Quadrant B

11. Single Stroke Seven
12. Paradiddle-diddle
13. Flam Accent
14. Swiss Army Triplet
15. Flamacue
16. Nine Stroke Roll
17. Thirteen Stroke Roll
18. Seventeen Stroke Roll
19. Lesson 25
20. Single Dragadiddle

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THE RUDIMENTS:

A Learning Sequence

Rudimental Learning Sequence by Dennis DeLucia
Application/Progress Chart by Mark Wessels

Quadrant B

11. SINGLE STROKE SEVEN

Musical notation for Single Stroke Seven in 4/4 time. The first staff shows two measures of eighth notes. The first measure contains seven eighth notes (R L R L R L R) with a bracket and the number 6 above it. The second measure contains seven eighth notes (L R L R L R L) with a bracket and the number 6 above it.

Applied:

Applied musical notation for Single Stroke Seven in 4/4 time. The staff shows eight measures of eighth notes. Measures 1-2: R L R L R L R (6), L R L R L R L (6). Measures 3-4: R L R L R L R (6), L R L R L R L (3, 3). Measures 5-6: R L R L R L R (6), L R L R L R L (6). Measures 7-8: R L R L R L R (6), L R L R L R L (3, 3).

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 - 80</i>	<i>m.m. = 85 - 105</i>	<i>m.m. = 110 - 130</i>	<i>m.m. = 135 - 155</i>	<i>m.m. = 160 - 180</i>

12. PARADIDDLE-DIDDLE

Musical notation for Paradiddle-Diddle in 6/8 time. The first staff shows two measures of eighth notes. The first measure contains eighth notes (R L R R L L R) with an accent (>) above the first note. The second measure contains eighth notes (L R L L R R L) with an accent (>) above the first note.

Applied:

Applied musical notation for Paradiddle-Diddle in 6/8 time. The staff shows eight measures of eighth notes. Measures 1-2: R L R R L R L R R L (L R L L R L R R L), L R L L R L R R L. Measures 3-4: R L R R L L R L R R L L (L R L L R L R R L), L R L L R L R R L L. Measures 5-6: R L R R L L R L R R L L (L R L L R L R R L), L R L L R L R R L L. Measures 7-8: R L R R L L R L R R L L (L R L L R L R R L), L R L L R L R R L L.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 40 - 60</i>	<i>m.m. = 65 - 85</i>	<i>m.m. = 90 - 110</i>	<i>m.m. = 115 - 130</i>	<i>m.m. = 135 - 150</i>

13. FLAM ACCENT

Musical notation for Flam Accent in 4/4 time. The first staff shows two measures of eighth notes. The first measure contains eighth notes (L R L R L R L) with an accent (>) above the first note. The second measure contains eighth notes (R L R L R L R) with an accent (>) above the first note.

Applied:

Applied musical notation for Flam Accent in 4/4 time. The staff shows eight measures of eighth notes. Measures 1-2: R L R L R L R L (L R L R L R L), R L R L R L R L (R L R L R L R). Measures 3-4: R L R L R L R L (L R L R L R L), R L R L R L R L (R L R L R L R). Measures 5-6: R L R L R L R L (L R L R L R L), R L R L R L R L (R L R L R L R). Measures 7-8: R L R L R L R L (L R L R L R L), R L R L R L R L (R L R L R L R).

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 - 80</i>	<i>m.m. = 90 - 110</i>	<i>m.m. = 120 - 140</i>	<i>m.m. = 150 - 170</i>	<i>m.m. = 180 - 200</i>

THE RUDIMENTS:

A Learning Sequence

Quadrant B, page 2

14. SWISS ARMY TRIPLET

Musical notation for Swiss Army Triplet, showing a sequence of triplets on a single staff. The notes are eighth notes with accents. The rhythm is 4/4.

LR R L LR R L LR R L LR R L
RL L R RL L R RL L R RL L R

Applied:

Applied musical notation for Swiss Army Triplet, showing a sequence of triplets on a single staff. The notes are eighth notes with accents. The rhythm is 4/4.

RR LL RR LL RR LL RR LL RRL LLR RRL LLR RRL LLR RRL LLR R L R L R L R L R L RRL LLR RRL LLR RRL LLR

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 35 – 50</i>	<i>m.m. = 55 – 70</i>	<i>m.m. = 75 – 95</i>	<i>m.m. = 100 – 120</i>	<i>m.m. = 120 – 135</i>

15. FLAMACUE

Musical notation for Flamacue, showing a sequence of notes on a single staff. The notes are eighth notes with accents. The rhythm is 4/4.

LR L R L LR
RL R L R RL

Applied:

Applied musical notation for Flamacue, showing a sequence of notes on a single staff. The notes are eighth notes with accents. The rhythm is 4/4.

RL LR R LR L RRL LRL LRL L RLRL LRL L RLRL LRL L RLRL LRL L RLRL LRL L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 40 – 60</i>	<i>m.m. = 80 – 95</i>	<i>m.m. = 100 – 115</i>	<i>m.m. = 120 – 155</i>	<i>m.m. = 140 – 160</i>

16. NINE STROKE ROLL

Musical notation for Nine Stroke Roll, showing a sequence of notes on a single staff. The notes are eighth notes with accents. The rhythm is 4/4.

RRLRLRLR LLRLLRRL R R L L

Applied:

Applied musical notation for Nine Stroke Roll, showing a sequence of notes on a single staff. The notes are eighth notes with accents. The rhythm is 4/4.

RLRLR LRLRL R R L L RLRLR LRLRL R L L R R L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 – 75</i>	<i>m.m. = 80 – 95</i>	<i>m.m. = 100 – 115</i>	<i>m.m. = 120 – 135</i>	<i>m.m. = 140 – 160</i>

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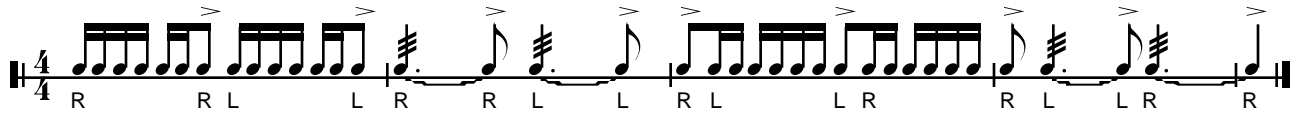
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17. 13 STROKE ROLL



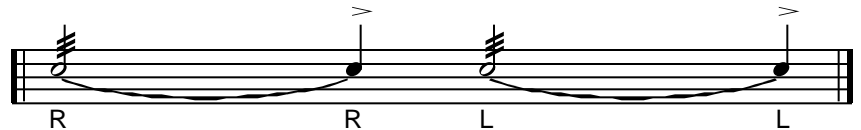
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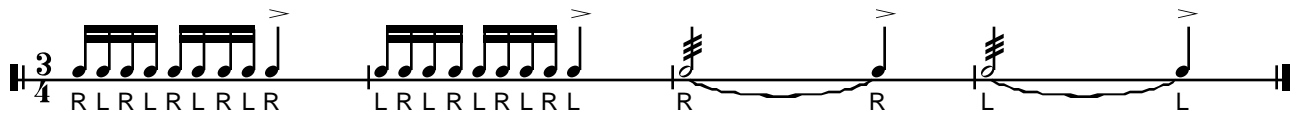
TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 - 75</i>	<i>m.m. = 80 - 95</i>	<i>m.m. = 100 - 115</i>	<i>m.m. = 120 - 135</i>	<i>m.m. = 140 - 160</i>

18. 17 STROKE ROLL



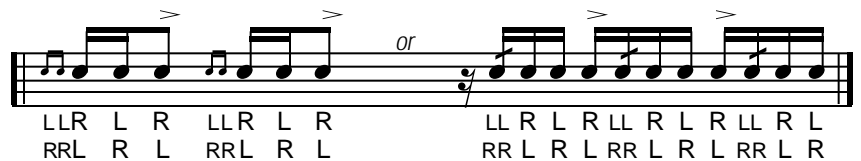
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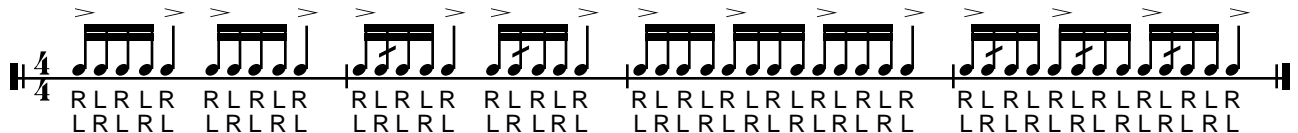
TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 - 75</i>	<i>m.m. = 80 - 95</i>	<i>m.m. = 100 - 115</i>	<i>m.m. = 120 - 135</i>	<i>m.m. = 140 - 160</i>

19. LESSON 25



Applied:



TRACK YOUR PROGRESS:

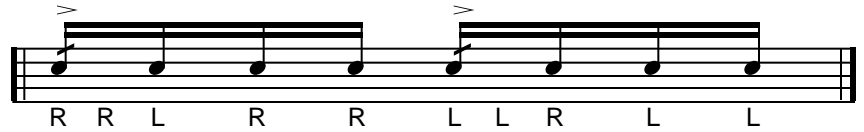
BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 - 75</i>	<i>m.m. = 80 - 95</i>	<i>m.m. = 100 - 115</i>	<i>m.m. = 120 - 135</i>	<i>m.m. = 140 - 160</i>

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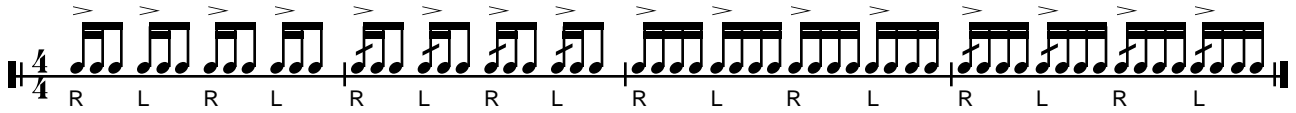
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Quadrant B, page 4

20. DRAGADIDDLE



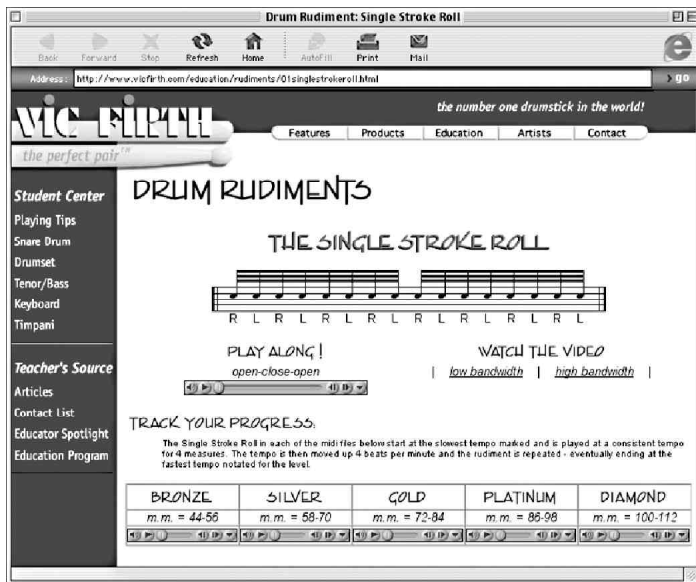
Applied:



TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 - 75</i>	<i>m.m. = 80 - 95</i>	<i>m.m. = 100 - 115</i>	<i>m.m. = 120 - 135</i>	<i>m.m. = 140 - 160</i>

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INCLUDING: APPLICATION EXERCISES AND PROGRESS CHART

Quadrant C

21. Triple Paradiddle
22. Six Stroke Roll
23. Seven Stroke Roll
24. Fifteen Stroke Roll
25. Flam Paradiddle
26. Single Flammed Mill
27. Pataflafla
28. Single Drag Tap
29. Double Drag Tap
30. Single Ratamacue

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Rudimental Learning Sequence by Dennis DeLucia
Application/Progress Chart by Mark Wessels

Quadrant C

21. TRIPLE PARADIDDLE

Musical notation for Triple Paradiddle in 4/4 time, consisting of two measures of eighth notes. The first measure contains six eighth notes (RLRLRL) and the second measure contains six eighth notes (RLRLRL). Accents are placed above each note.

R L R L R L R R L R L R L R L L

Applied:

Applied musical notation for Triple Paradiddle in 4/4 time, showing a sequence of eighth notes across four measures. The notes are grouped in pairs and triplets. Accents are placed above each note.

RLRLR R LRLR L L RLRLRLRLRLRLRLLL RLRLR R LRLRLRL L RLRLRLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 55 - 80</i>	<i>m.m. = 85 - 110</i>	<i>m.m. = 115 - 140</i>	<i>m.m. = 145 - 170</i>	<i>m.m. = 175 - 200</i>

22. SEVEN STROKE ROLL

Musical notation for Seven Stroke Roll in 4/4 time, consisting of two measures. The first measure contains seven eighth notes (LRLRLRL) and the second measure contains seven eighth notes (RLRLRLR). Accents are placed above each note. An 'or' indicates an alternative triplet interpretation.

L R L R L L R L R L R L R L R L R L R L R L R L R L

Duple Interpretation

Applied:

Applied musical notation for Seven Stroke Roll in 4/4 time, showing a sequence of eighth notes across four measures. The notes are grouped in pairs and triplets. Accents are placed above each note.

RLRLR R LRLR L L RLRLRLRLRLRLRLLL RLRLR R LRLRLRL L RLRLRLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 - 80</i>	<i>m.m. = 90 - 110</i>	<i>m.m. = 120 - 140</i>	<i>m.m. = 150 - 170</i>	<i>m.m. = 180 - 200</i>

Triple Interpretation

Applied:

Applied musical notation for Seven Stroke Roll in 4/4 time, showing a sequence of eighth notes across four measures. The notes are grouped in pairs and triplets. Accents are placed above each note.

R LRLR R LRLR L L RLRLRLRLRLRLRLLL RLRLR R LRLRLRL L RLRLRLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 - 60</i>	<i>m.m. = 65 - 75</i>	<i>m.m. = 80 - 90</i>	<i>m.m. = 95 - 110</i>	<i>m.m. = 115 - 130</i>

THE RUDIMENTS:

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23. SIX STROKE ROLL

Musical notation for the Six Stroke Roll, showing six groups of notes on a staff. The first group has six notes, and the subsequent groups have varying lengths and accents.

LLRRL R LLRRL R L L L
 RRLLR L RRLLR L R R

Applied:

Musical notation showing the application of the Six Stroke Roll in 4/4 time. It consists of four measures of music with various rhythmic patterns and accents.

RLRLR RLRLR RLRLR RL LR RLRLRLRLRLRLRL RL LRL LRL LR
 LRLRL LRLRL LRLRL LR LR LRLRLRLRLRLRL LR RLRLRLRLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m.</i> = 60 – 75	<i>m.m.</i> = 80 – 95	<i>m.m.</i> = 100 – 115	<i>m.m.</i> = 120 – 135	<i>m.m.</i> = 140 – 160

24. 15 STROKE ROLL

Musical notation for the 15 Stroke Roll, showing a sequence of notes with accents. An 'or' indicates an alternative pattern.

R L R L R L R L R L R L R L R L
 L L R L R L R L R L R L R L R L

Applied:

Musical notation showing the application of the 15 Stroke Roll in 4/4 time. It consists of four measures of music with various rhythmic patterns and accents.

RLRLRLRLRLRL RLRLRLRLRLRL RLRLRLRLRLRL RL L L R L R L R L
 LRLRLRLRLRL LRLRLRLRLRL LRLRLRLRLRL R L LR L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m.</i> = 60 – 75	<i>m.m.</i> = 80 – 95	<i>m.m.</i> = 100 – 115	<i>m.m.</i> = 120 – 135	<i>m.m.</i> = 140 – 160

25. FLAM PARADIDDLE

Musical notation for the Flam Paradiddle, showing notes with accents on a staff.

LR L R R RL R L L

Applied:

Musical notation showing the application of the Flam Paradiddle in 4/4 time. It consists of four measures of music with various rhythmic patterns and accents.

RLRRL RLRRL RLRR L RLRR L RLRRRLRLRLRLRL RLRR LRL RLRR L R
 LLLL LLLL LLLL R LLLL R LLLLRLRLRLRLRLRLRLRLRLRLRLRLRLRLRLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m.</i> = 50 – 60	<i>m.m.</i> = 70 – 85	<i>m.m.</i> = 90 – 105	<i>m.m.</i> = 110 – 125	<i>m.m.</i> = 130 – 150

THE RUDIMENTS:

A Learning Sequence

Quadrant C, page 3

26. FLAMMED MILL

Musical notation for Flammed Mill in 4/4 time, consisting of two measures of eighth notes with accents. The first measure contains four notes (quarter, eighth, quarter, eighth) and the second measure contains four notes (quarter, eighth, quarter, eighth). The notes are beamed in pairs.

LR R L R RL L R L

Applied:

Applied musical notation for Flammed Mill in 4/4 time, showing rhythmic variations with eighth and sixteenth notes.

RR LL RR LL RRL LLR RRL LLR RRLR LLRL RRLR LLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 50 - 70	m.m. = 75 - 95	m.m. = 100 - 120	m.m. = 125 - 145	m.m. = 150 - 160

27. PATA-FLAFLA

Musical notation for Pata-Flafla in 4/4 time, consisting of two measures of eighth notes with accents. The first measure contains four notes (quarter, eighth, quarter, eighth) and the second measure contains four notes (quarter, eighth, quarter, eighth). The notes are beamed in pairs.

LR L R RL LR L R RL
RL R L LR RL R L LR

Applied:

Applied musical notation for Pata-Flafla in 4/4 time, showing rhythmic variations with eighth and sixteenth notes.

R L R R L R R L R L R L
L R L L R L R L R L R L R L
R L R L R R L R L R L R L R L
L R L R L L R L R L R L R L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 50 - 65	m.m. = 70 - 85	m.m. = 90 - 105	m.m. = 110 - 125	m.m. = 130 - 150

28. SINGLE DRAG

Musical notation for Single Drag in 4/4 time, showing a sequence of eighth notes with accents and a triplet.

L L R L R R L R or L R L R L R L R

Duple Applied:

Duple Applied musical notation for Single Drag in 4/4 time, showing rhythmic variations with eighth and sixteenth notes.

R L R L R L R L R L R LLR L RRL R LLR L RRL R LL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 50 - 60	m.m. = 65 - 75	m.m. = 80 - 90	m.m. = 95 - 105	m.m. = 110 - 120

Triple Applied:

Triple Applied musical notation for Single Drag in 4/4 time, showing rhythmic variations with eighth notes and triplets.

R L R L R L R L R L R L R L R L R L R L R L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 75 - 90	m.m. = 95 - 110	m.m. = 115 - 130	m.m. = 135 - 150	m.m. = 155 - 170

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29. DOUBLE DRAG

Musical notation for Double Drag in 6/8 time. The first pattern shows a sequence of notes: quarter, eighth, eighth, quarter, quarter, eighth, eighth, quarter. The second pattern is identical but shifted. An 'or' indicates an alternative phrasing. The notation includes accents (>) and fingerings: L L R, L L R L R R L R, L L R L L R, R R L R L L R, R R L R L L R.

Applied:

Applied musical notation for Double Drag in 6/8 time, showing the exercise across four measures. Fingerings are indicated below the notes: R R L L L R, R R L L L R, R R L L L R, R R L L L R.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 40 - 45</i>	<i>m.m. = 50 - 55</i>	<i>m.m. = 60 - 65</i>	<i>m.m. = 70 - 75</i>	<i>m.m. = 80 - 85</i>

Applied:

Applied musical notation for Double Drag in 6/8 time, showing the exercise across four measures with a final quarter rest. Fingerings are indicated below the notes: L R L R L R L R, L R L R L R L R, L R L R L R L R, L R L R L R L R.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 40 - 45</i>	<i>m.m. = 50 - 55</i>	<i>m.m. = 60 - 65</i>	<i>m.m. = 70 - 75</i>	<i>m.m. = 80 - 85</i>

30. SINGLE RATAMACUE

Musical notation for Single Ratamacue in 4/4 time. The first pattern shows a sequence of notes: quarter, eighth, eighth, quarter, quarter, eighth, eighth, quarter. The second pattern is identical but shifted. The notation includes accents (>) and fingerings: L L R L R R L, R R L R L R L R.

Applied:

Applied musical notation for Single Ratamacue in 4/4 time, showing the exercise across four measures. Fingerings are indicated below the notes: R L R L R L R L, R L R L R L R L, R L R L R L R L, R L R L R L R L.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 - 60</i>	<i>m.m. = 65 - 75</i>	<i>m.m. = 80 - 95</i>	<i>m.m. = 100 - 115</i>	<i>m.m. = 120 - 135</i>

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Quadrant D

31. Triple Stroke Roll
32. Ten Stroke Roll
33. Eleven Stroke Roll
34. Inverted Flam Tap
35. Flam Drag
36. Flam Paradiddle-diddle
37. Drag Paradiddle #1
38. Drag Paradiddle #2
39. Double Ratamacue
40. Triple Ratamacue

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THE RUDIMENTS:

A Learning Sequence

Rudimental Learning Sequence by Dennis DeLucia
Application/Progress Chart by Mark Wessels

Quadrant D

31. TRIPLE STROKE ROLL

R R R L L L R R R L L L

Applied:

RRRL RRRL RRRL RRRL R LLLR LLLR LLLR L RRRLLLR LRRRLLLR L RRRLLLRRLLRRRLLLR
LLLR LLLR LLLR LLLR L RRR L RRR L RRR L LLRRL RLLRRL R LLRRLLLRRLLRRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 – 65</i>	<i>m.m. = 70 – 85</i>	<i>m.m. = 90 – 105</i>	<i>m.m. = 110 – 125</i>	<i>m.m. = 130 – 145</i>

32. TEN STROKE ROLL

RRLRLLR L RRLRLLR L R LR LR LR LR LR LR
LLRLLRRL R LLRLLRRL R L RL RL RL RL

Duple Interpretation

Applied:

R RL RL RL RL RL RL RL LR LR LR LR LR LR
L LR LR LR LR LR LR LR LR LR LR LR LR LR LR

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 – 75</i>	<i>m.m. = 80 – 95</i>	<i>m.m. = 100 – 115</i>	<i>m.m. = 120 – 135</i>	<i>m.m. = 140 – 160</i>

Triple Interpretation

Applied:

RLRLRLRL RLRLRLRL RLRLRLRL RLRLRLRL RLRLRLRL RLRLRLRL
LRRLRLRL LRRLRLRL LRRLRLRL LRRLRLRL LRRLRLRL LRRLRLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 80 – 95</i>	<i>m.m. = 100 – 115</i>	<i>m.m. = 120 – 135</i>	<i>m.m. = 140 – 155</i>	<i>m.m. = 160 – 180</i>

THE RUDIMENTS:

A Learning Sequence

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35. FLAM DRAG

LR L L R RL R R L

Applied:

RLRRLRLRLRL RLR LRL RLR LRL RLLRLRLRLRL RLRLRLRLRL RLLRLRLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 - 70</i>	<i>m.m. = 75 - 95</i>	<i>m.m. = 100 - 120</i>	<i>m.m. = 125 - 145</i>	<i>m.m. = 150 - 170</i>

36. FLAM PARADIDDLE-DIDDLE

LR L R R L L RL R L L R R

Applied:

RLRRLLL L LRLRLRLRLRL RLRRLLL L LRLRLRLRLRL RLRRLLL L LRLRLRLRLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 35 - 45</i>	<i>m.m. = 50 - 60</i>	<i>m.m. = 65 - 75</i>	<i>m.m. = 80 - 90</i>	<i>m.m. = 95 - 105</i>

37. DRAG PARADIDDLE #1

R LLR L R R L RRL R L L

Applied:

RLR R LRL L RLRRLRLRLRL RLRRLRLRLRL RLRRLRLRLRL RLRRLRLRLRL

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 - 55</i>	<i>m.m. = 60 - 65</i>	<i>m.m. = 70 - 80</i>	<i>m.m. = 85 - 95</i>	<i>m.m. = 100 - 110</i>

THE RUDIMENTS:

A Learning Sequence

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38. DRAG PARADIDDLE #2

Musical notation for 38. DRAG PARADIDDLE #2. The staff shows a sequence of notes with accents (>) on the first note of each pair. The rhythm is 4/4. The notes are: R (quarter), LLR (eighths), LLR (eighths), L (quarter), R (quarter), R (quarter), L (quarter), RRL (eighths), RRL (eighths), R (quarter), L (quarter), L (quarter).

Applied:

Applied musical notation for 38. DRAG PARADIDDLE #2. The staff shows a sequence of notes with accents (>) on the first note of each pair. The rhythm is 4/4. The notes are: R L R L R R L R L R L L, R L R L R R L R L R L L, R L R L R R L L R L R L, R L R L R R L L R L R L, R L R L R L R L R L R L R L.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 – 70</i>	<i>m.m. = 75 – 95</i>	<i>m.m. = 100 – 120</i>	<i>m.m. = 125 – 145</i>	<i>m.m. = 150 – 160</i>

39. DOUBLE RATAMACUE

Musical notation for 39. DOUBLE RATAMACUE. The staff shows a sequence of notes with accents (>) on the first note of each pair. The rhythm is 4/4. The notes are: LLR (eighths), LLR (eighths), L (quarter), R (quarter), L (quarter), RRL (eighths), RRL (eighths), R (quarter), L (quarter), R (quarter). There are triplets over the first three notes of the second and fourth pairs.

Applied:

Applied musical notation for 39. DOUBLE RATAMACUE. The staff shows a sequence of notes with accents (>) on the first note of each pair. The rhythm is 6/8. The notes are: R L R L R, L R L R L, R L R L R L R L R L, R L R L R L R L R L. There are triplets over the first three notes of the second and fourth pairs.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 35 – 45</i>	<i>m.m. = 50 – 60</i>	<i>m.m. = 65 – 75</i>	<i>m.m. = 80 – 90</i>	<i>m.m. = 95 – 105</i>

40. TRIPLE RATAMACUE

Musical notation for 40. TRIPLE RATAMACUE. The staff shows a sequence of notes with accents (>) on the first note of each pair. The rhythm is 4/4. The notes are: LLR (eighths), LLR (eighths), LLR (eighths), L (quarter), R (quarter), L (quarter), RRL (eighths), RRL (eighths), RRL (eighths), R (quarter), L (quarter), R (quarter). There are triplets over the first three notes of the second and fourth pairs.

Applied:

Applied musical notation for 40. TRIPLE RATAMACUE. The staff shows a sequence of notes with accents (>) on the first note of each pair. The rhythm is 4/4. The notes are: R L R L R L R, L R L R L R L, R L R L R L R L R L, R L R L R L R L R L. There are triplets over the first three notes of the second and fourth pairs.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 – 60</i>	<i>m.m. = 65 – 75</i>	<i>m.m. = 80 – 95</i>	<i>m.m. = 100 – 115</i>	<i>m.m. = 120 – 135</i>