



Physical Education at Gamble Rogers Middle School

First Semester M/J Team Sports - Grade 7 (#1508200): The purpose of this course is to develop the physical skills necessary to be competent in many forms of movement and knowledge of team sports concepts within a team or group setting.

Fitness Activities, Fitness Testing, Volleyball, Football, Badminton and Soccer

Second Semester M/J Comprehensive - Grade 6/7 (#1508600): The purpose of this course is to provide a foundation of knowledge, skills, and values necessary for the development of a physically active lifestyle through a variety of movement opportunities and experiences.

Fitness Activities, Fitness Testing, Basketball, Softball, Target Games (Archery, Bocce Ball, Frisbee Golf) and Track & Field

Requirements Students will be required to dress out for all physical education courses.

Gamble Rogers T-shirt and shorts; leggings or sweat pants (purchased at school). Gym shorts and t-shirt from home (school colors preferred – maroon, gray or black). Tennis shoes (athletic shoes) and socks, Combination Lock, Small towel, deodorant and water bottle.

Grading Students will be assessed on the Physical Education Florida State Standards, active participation and dressing out. **70% Movement (Participation) and Assessments and 30% Responsible Behaviors (Dressing out).**

Lockers Students will be issued a locker for their gym clothes and other personal belongings.

Students are responsible for their own belongings...keep gym clothes and valuables locked.

Illness and Injuries Students may be excused from participation if they are sick or injured.

If student is sick or unable to participate in all activities, let Teachers know via note, email or phone call prior to the scheduled class. An excuse for three or more days must be accompanied by a Doctor's statement.

Physical Education Expectations for Success

Dress out in the required uniform every class, Be on time, Participate every class, Be respectful, responsible and safe.

PE Department Terri Hall, BA, MA, NBCT; Liz Heffner, BA; Jonathan Livingood, BA; Rodney Summerall, Paraprofessional
Visit our Physical Education page: <http://teachers.stjohns.k12.fl.us/hall-t/pe-notes/>