



TCE'S SOARING EAGLES TRIATHLON CAMP



Do you love to swim, bike, and run?

If you answered "YES!" then the Timberlin Creek's Triathlon Camp is for you!

The TCE triathlon camp will meet twice a week to train for The First Coast Kids Tri on April 14th. Participants will receive a TCE triathlon camp t-shirt!

Cost: \$75 (Race entry is NOT included)

*Checks can be made payable to **TCE***

Who: K - 5th graders (space is limited, so register soon)

When: Mondays & Thursdays 3:30-4:30

(Tri Camp students can stay after school.)

Start date: February, 25th, 2019

End date: April 11th, 2019

Races:

The First Coast Kids Tri on April 14th

more race registration information will be sent to Triathlon Camp members

OTHER IMPORTANT INFORMATION:

*On Mondays, Triathlon Camp and Running Camp will train together for running workouts.

* On Thursdays, Triathlon Camp kids will bring their bikes to school for a bike work out.

**Bikes can be dropped off between 7:45-8:30am at the PE area – more details to follow

**SWIM TRAINING WILL BE AN AT HOME REQUIREMENT

**A training log will be provided; it does require at home workouts

**** THERE ARE LIMITED SPOTS FOR EACH GRADE LEVEL AND IT FILLS UP QUICKLY, SO IF YOU ARE INTERESTED, PLEASE FILL OUT THE FORM BELOW AND RETURN TO COACH BREWER OR COACH LANE WITH CASH OR CHECK BY FEBRUARY 19th **SHIRTS WILL BE ORDERED ON FEBRUARY 20th****

If you have any questions, please contact

Coach Lane @ jessica.lane@stjohns.k12.fl.us

Coach Brewer @ Amanda.brewer@stjohns.k12.fl.us



TRIATHLON CAMP REGISTRATION FORM (DUE BY FEBRUARY 19TH)



Child's Name: _____

Grade: _____ Teacher: _____

Parent/Guardian: _____

Email: _____

Child's Shirt Size (INCLUDED WITH REGISTRATION) - circle one:

Youth Small	Youth Medium	Youth Large	Youth X-Large
Adult Small	Adult Medium	Adult Large	Adult X-Large

Parents/Siblings: Plan to join us at the races?
Get a matching Triathlon Camp T-shirt for just \$15 each.

Circle size(s) needed:

Women's X-Small	Women's Small	Women's Medium	Women's Large	Women's X-Large
Men's Small	Men's Medium	Men's Large	Men's X-Large	Men's XX-Large
Youth Small	Youth Medium	Youth Large	Youth X-Large	

